

## ACTIVITATE CERCETARE ȘTIINȚIFICĂ

Teza de doctorat cu titlul:

„Strategii de dezvoltare a inteligențelor multiple prin dans la copiii instituționalizați”

Calificativ obținut – Foarte Bine

Atestat eliberat de O.M.E.C Seria J nr. 0056822 în baza ordinului de ministru nr. 6444 din 28.09.2023.

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Conducător științific: prof.univ.dr. Stănescu Monica-Iulia

Instituția eliberatoare a diplomei: Universitatea Națională de Educație Fizică și Sport din București

Domeniul: Educație fizică și sport

- I 1 Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de autor principal**
- I 1.1 Stănescu, M., Tomescu, G. (2020). The relationship between dance and multiple intelligences of institutionalised children: a theoretical framework for applied research. *Brain. Broad research in Artificial Intelligence and Neuroscience*, 11 (4Supl), 167-184. <https://doi.org/10.18662/brain/11.4Sup1/163>; Q4, IF 0.6.
- I 1.2 Tomescu, G., Stănescu, M-I., Manos, M., Dina, L., Aivaz, K-A. (2023). Using dancesport as an educational resource for improving institutionalized children’s learning strategies. *Children*, 2023,10, 1039. <https://doi.org/10.3390/children10061039>. Q2, IF 2.3.
- I 1.3 Tomescu, G., Stănescu, M-I., Aivaz, A-K. (2024). The contribution of dance to optimizing motor skills and improving the educational process in institutionalized children. *BRAIN. Broad Research in Artificial Intelligence and Neuroscience*. Vol. 15, Issue 2, pages: 362-377. <https://doi.org/10.18662/brain/15.2/580>. Q4, IF 0.6
- I 1.4 Tomescu, G., Bălan, V., Aivaz, K. A., Zahiu, M. (2025). The benefits of practicing physical activity in the aquatic environment on health and quality of life. *Healthcare* 2025, 13, 1053. <https://doi.org/10.3390/healthcare13091053>. Q2, IF 2,8.
- I 2 Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format in extenso (full-text), realizate în calitate de autor principal**
- I 2.1 Tomescu, G. (2021). Study on the attractiveness of ballroom dance as a means of leisure activity. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*. Vol. XXI, Issue 2, 21(2):531-538  
<https://www.analefeffs.ro/anale-feffs/2021/i2-supplement/pe-autori/52.%20TOMESCU%20GABRIELA.pdf>.
- I 2.2 Tomescu, G., Stănescu, M., Manos, M., Aivaz, A. K. (2021). Dance as a resource for developing the non-cognitive skills of intitutionalised children. *Discobolul – Physical Education, Sport and Kinetotherapy Journal*, Vol. 60, Issue 4, 378-390. <https://doi.org/10.35189/dpeskj.2021.60.4.2>.
- I 2.3 Tomescu, G., Stănescu, M. I., Aivaz, A. K., Sarchizian, I. (2021). Effects of the Coronavirus Pandemic on the attitudes of middle school students towards exercise. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*. Vol. XXI, Issue 2 Supplement, 21(2): 539-550. <https://www.analefeffs.ro/anale-feffs/2021/i2-supplement/pe-autori/53.%20TOMESCU%20GABRIELA%2C%20ST%2C%20SARCHIZIAN%20IRIS.pdf>.
- I 2.4 Tomescu, G., Stănescu, M. I., Aivaz, A. K. (2022). Increasing the relevance of the records on motor development through specialized software. *Technium Social Sciences Journal*, Vol. 29, 42-53, ISSN: 2668-7798. <https://doi.org/10.47577/tssj.v29i1.6156>.
- I 2.5 Tomescu, G., Stănescu, M., Aivaz, A. K. (2022). A comparative study on the interests and values of institutionalized children and of dancing children who come from families. *Studia UBB Educatio Artis Gymnasticae*. LXVII, 3, 2022, pp. 97-110. [https://doi.org/10.24193/subbeag.67\(3\).26](https://doi.org/10.24193/subbeag.67(3).26).

- I 2.6 **Tomescu G., Stănescu M-I., Aivaz K-A.** (2023). A comparative study on the personality traits of institutionalized children and of dancing children who come from families. *Ovidius University Annals, Series Physical Education and Sport/ Science, Movement and Health*. Vol. XXIII, Issue 1, 23(1):82-90. <https://www.analefefs.ro/anale-fefs/2023/i1/pe-autori/16.%20TOMESCU%20GABRIELA%2C%20ST%20C4%82NESCU%20MONICA-IULIA%2C%20AIVAZ%20KAMER-AINUR.pdf>.
- I 2.7 **Tomescu G., Stănescu M-I., Aivaz K-A.** (2023). Research conducted through the multiple regression model on the school success of institutionalized children. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*. Vol. XXIII, Issue 2, 23(2):222-228. <https://www.analefefs.ro/anale-fefs/2023/i2/pe-autori/23.%20TOMESCU%20GABRIELA%2C%20ST%20C4%82NESCU%20MONICA-IULIA%2C%20AIVAZ%20KAMER-AINUR.pdf>.
- I 2.8 Ganchar, I., Ganchar, O., Shevchenko, R., Chorbu, K., Medynskyi, S., Pylypko, O., Blyzniuk, Y., Pylypko, A., Lyashenko, A., **Tomescu, G.** (2023). Observation of the level of formation of swimming skills among swimmers of different ages and genders at the XXXVI European Aquatics Championships in Budapest 2022, Hungary. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*, Vol. XXIII, Issue 2 Supplement, 23(2): 380-386. <https://www.analefefs.ro/anale-fefs/2023/i2supplement/pe-autori/25.GANCHAR%20IVAN%20,%20GANCHAR%20OLEKSIYI,%20SHEVCHENKO%20RUSLAN%20I..pdf>.
- I 2.9 Ganchar, I., Ganchar, O., Shevchenko, R., Chorbu, K., Medynskyi, S., Pylypko, O., Blyzniuk, Y., Pylypko, A., Lyashenko, A., **Tomescu, G.** (2023). Monitoring the difference in the level of formation of swimming skills among swimmers-winners of men and women at the XIX World Aquatics Championships in Budapest – 2022. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*, Vol. XXIII, Issue 2 Supplement, 23(2): 387-393. <https://www.analefefs.ro/anale-fefs/2023/i2supplement/pe-autori/26GANC~1.PDF>.
- I 2.10 **Tomescu, G., Gavojdea A.** (2024). Conceptual delimitations of dance and its effects on the development of children, *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*. Vol. XXIV, ISSUE 2, 24 (2): 200 – 203. <https://www.doi.org/10.61801/OUA.2024.2.29>.
- I 2.11 Fehan, A., **Tomescu, G.** (2025). Validity and reliability of volleyball - specific reactive agility test. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*, Vol. XXV, ISSUE 2, 25 (2): 202-206. <https://www.doi.org/10.61801/OUA.2025.2.27>.
- I 2.12 Spînu, A., Ene-Voiculescu, C., & **Tomescu, G.** (2025). Body expressiveness, motor skills, and artistic presence in gymnastics and dance. *Studia Universitatis Babeş-Bolyai Educatio Artis Gymnasticae*, 70(2), 261–267. <https://doi.org/10.24193/subbeag.70.sp.iss.2.51>.

**I 3 Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format in extenso (full-text), realizate în calitate de co-autor**

- I 3.1 Roșculeț, I., **Tomescu, G., Dulceață, V.** (2025). Optimising the exchange: a review of baton passing strategies in 4x100 m relay. *Ovidius University Annals, series Physical Education and Sport/ Science, Movement and Health*, Vol. XXV, ISSUE 2, 25 (2): 241-246. <https://www.doi.org/10.61801/OUA.2025.2.34>.
- I 3.2 Dumitrache, A., Moanță, A., **Tomescu, G., Tudor, V., Stănescu, M., Ourda, D.** (2025). A study on parents' perceptions of urban sports. *Journal of Physical Education and Sport*, Vol. 25 (issue 8), pp. 1786 – 1798. DOI:10.7752/jpes.2025.08198.