

## LISTA LUCRARI – CAZAN FLORIN

### Teza de doctorat cu titlul: „OPTIMIZAREA PREGĂTIRII FIZICE SPECIFICE HANDBALIȘTILOR DE PERFORMANȚĂ”

I.1. Contribuții *in extenso* de tip *article* sau *review*, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu *p*, realizate în calitate de autor principal

1. Barna O, Musat GC, Petcu D, Georgescu A, **Cazan F**, Georgescu A, Tanase-Popa D-A, Banu E-A. Influence of social media marketing on nutrition and physical activity behaviors of Romanian Generation Z students. *Progr Nutr* [Internet]. 23(2):e2021188. Available from: <https://www.mattioli1885journals.com/index.php/progressinnutrition/article/view/11427>

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2. Çetin O, Akyıldız Z, Demirtaş B, Sungur Y, Clemente FM, **Cazan F**, Ardigò LP. 2022. Reliability and validity of the multi-point method and the 2-point method's variations of estimating the one-repetition maximum for deadlift and back squat exercises. *PeerJ* 10:e13013

<https://doi.org/10.7717/peerj.13013>

3. Polevoy G, **Cazan F**, Padulo J, Ardigò LP. The Influence of Burpee on Endurance and Short-Term Memory of Adolescents. *Int J Environ Res Public Health*. 2022 Sep 18;19(18):11778.

<https://doi.org/10.3390/ijerph191811778>

4. Polevoy Georgiy, Cazan Florin, Padulo Johnny, Ardigò Luca Paolo, 2023, The effectiveness of one “physical education minute” during lessons to develop concentration in 8- to 10-year-old schoolchildren, *Frontiers in Sports and Active Living*, 5,

<https://www.frontiersin.org/journals/sports-and-active-living/articles/10.3389/fspor.2023.1283296/full>

I.2. Contribuții *in extenso* de tip *article* sau *review*, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât *p* sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format *in extenso* (full-text), realizate în calitate de autor principal

1. **Cazan Florin**, Georgescu Adrian-Taking in handball using dynamics and preparatory games to the second grade, *Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH*, Vol. 9, ISSUE 2 supplement, 2009, Constanta, Romaniacode 29+ CNCSIS, Indexed Index Copernicus. [http://www.analefeffs.ro/anale-feffs/2009/ISSUE\\_2\\_supplement\\_2009.24.05-2017.PDF](http://www.analefeffs.ro/anale-feffs/2009/ISSUE_2_supplement_2009.24.05-2017.PDF)

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3. **Cazan Florin**, Negrea Valentin- Improve specific effort among young handball players-junior III, *Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH*, Vol. XI, ISSUE 2 Supplement, 2011, Romania, <http://www.analefeffs.ro/anale-feffs/2011/issue-2-supplement/pe-autori/3.pdf>

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5. **Cazan Florin**, Rizescu Constantin, Georgescu Adrian- The motric structure and dynamics of the game of handball, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XII, ISSUE 2 Supplement 2012, Romania, <http://www.analefeffs.ro/anale-feffs/2012/issue-2-s/pe-autori/3.pdf>
6. **Cazan Florin**, Rizescu Constantin, Georgescu Adrian- Improve maximal aerobic speed in handball seniors through intermittent effort, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XIII, ISSUE 2, 2013, Romania, <http://www.analefeffs.ro/anale-feffs/2013/i2/pe-autori/3.pdf>
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8. Georgescu Adrian, Rizescu Constantin, **Cazan Florin**- The role of exercise in increasing motric performance in children with physical – kyphosis, Ovidius University Annals, Series Physical Education and Sport / Science, Movement And Health, Vol. Xiv, Issue 2 Supplement, 2014, [http://www.analefeffs.ro/anale-feffs/2014/i2\\_supp/pe-autori/12.pdf](http://www.analefeffs.ro/anale-feffs/2014/i2_supp/pe-autori/12.pdf)
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11. **Cazan Florin**, Georgescu Adrian- Bi-univocal relationship between the game model and training model in handball, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XVIII, ISSUE 2 Supplement, 2018, Romania, [http://www.analefeffs.ro/anale-feffs/2018/i2supliment/autori/CAZAN\\_FLORIN\\_GEORGESCU\\_ADRIAN.PDF](http://www.analefeffs.ro/anale-feffs/2018/i2supliment/autori/CAZAN_FLORIN_GEORGESCU_ADRIAN.PDF)
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15. C. Bucur, A. S. Tasu and **F. Cazan**, "Comparison between Classic Propagation Model Distribution and Artificial Intelligence Model Distribution Detection," 2021 Photonics & Electromagnetics Research Symposium (PIERS), 2021, pp. 1718-1721, doi: 10.1109/PIERS53385.2021.9694682

16. Savu Cătălin, **Cazan Florin**, Experiment on improving the training of football republican junior players under 17 through matches with a reduced number of players, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XXI, ISSUE 2 Supplement, 2021, Romania, pg.461-469, ISSN 2285-777X, ISSN-L 2285-777X, ISSN online 2285-7788 <https://www.analefeffs.ro/anale-feffs/2021/i2-supplement/pe-autori/41.%20SAVU%20VASILE%20C%4%82T%4%82LIN,%20CAZAN%20FLORIN.pdf>

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19. LARION Alin, POPA Cristian, MELENCO Ionel, **CAZAN Florin**, TRAINING OF NOVICE ATHLETES IN INTERDISCIPLINARY COACHING, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XXII, ISSUE 2 Supplement, 2022, Romania, pg.229-232, ISSN 2285-777X, ISSN-L 2285-777X, ISSN online 2285-7788 <https://www.analefeffs.ro/anale-feffs/2022/i2-supplement/pe-autori/8.%20LARION%20Alin%20,%20POPA%20Cristian,%20MELENCO%20Ionel,%20CAZAN%20Florin.pdf>

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21. **Cazan F.**, Georgescu A., Gidu V.D., Muşat G., The influence of a pre-competition training program containing plyometric exercises on the training of performance handball players, Journal of Physical Education and Sport, Open Access Volume 22, Issue 8, Pages 1863 - 18681 August 2022 Article number 235, ISSN 22478051, DOI 10.7752/jpes.2022.08235, <https://www.efsupit.ro/images/stories/august2022/Art%20235.pdf>

22. Andra-Ioana Singuran, Teodorescu Silvia, **Cazan Florin**, The importance of feedback in the relationship between the coach and the child diagnosed with autism, the key to sustainable process of learning to swim, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XXIII, ISSUE 1, 2023, Romania, pg.5-12, ISSN 2285-777X, ISSN-L 2285-777X, ISSN online 2285-7788. <https://www.analefeffs.ro/anale-feffs/2023/i1/pe-autori/3.%20ANDRA-IOANA%20SINGURAN,%20TEODORESCU%20SILVIA,%20CAZAN%20FLORIN.pdf>

23. Matei Costel, Tudor Virgil, Mujea Ana Maria, Ticală Laurențiu, Gozu Bogdan, **Cazan Florin**, Study on the importance of coordination abilities in the game of Water polo at the european level, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XXIII, ISSUE 2, 2023, Romania, pg.188-194, ISSN 2285-777X, ISSN-L 2285-777X, ISSN online 2285-7788. <https://www.analefeffs.ro/anale-feffs/2023/i2/pe-autori/16.%20MATEI%20COSTEL%20C%20TUDOR%20VIRGIL%20C%20MUJEA%20ANA%20MARIA%20C%20TICAL%20LAUREN%20GOZU%20BOGDAN%20CAZAN%20FLORIN.pdf>

24. Musat, G. C., Petcu, D., Georgescu, A., **Cazan, F.**, Voinea, F., Georgescu, A., Savu, C. V., Barna, O., Banu, A. E., & Plesea-Condratovici, A. (2024). Intuitive eating and its relationship to physical activity, body mass index and eating behavior among university students. A case study. Progress in Nutrition, 26(1), e2024004. <https://mattioli1885journals.com/index.php/progressinnutrition/article/view/15501>

25. **Cazan F**, Ibrahim A Abdelmoneim, Muşat G, Gidu D, Georgescu A, Georgescu AD, Improving the speed of 9-10-year-old children through a program of games and relays specific to handball, applied in the physical education lesson over a 12-week period, Ovidius University Annals, Series Physical Education and Sport / Science, Movement and Health 24 2024 231-236 <https://www.analefeffs.ro/anale-feffs/2024/i2-sup/pe-autori/5.%20CAZAN%20FLORIN,%20IBRAHIM%20ALIAA%20ABDELMONEIM,%20MUŞAT%20GEORGE,%20GIDU%20DIANA,%20GEORGESCU%20ANDREEA,%20GEORGESCU%20ADRIAN.pdf>

26. Georgescu Adrian Dorin, Rohozneanu Dan-Mihai, Tudorică Nicoleta, Georgescu Andreea Alexandra, Onur Akman, Mutlu Türkmen, Burcea George Bogdan, Dragomir Marian, Gidu Diana Victoria, Ortega Becerra Manuel, **Cazan Florin**, Analysis methods of general and specific physical training at the level of senior handballists from the National Female League, Ovidius University Annals, Series Physical Education and Sport / Science, Movement and Health 25 (1) 2025 25-30, <https://www.analefeffs.ro/anale-feffs/2025/i1/pe-autori/7.%20GEORGESCU%20ADRIAN%20DORIN,%20ROHOZNEANU%20DAN->

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27. Georgescu A.D., Georgescu A.A., Gidu D., Melenco I., Popa C., **Cazan F.**, Handball-specific exercises for developing coordination in primary school, Bulletin of the Transilvania University of Braşov Series IX: Sciences of Human Kinetics • Vol. 18(67) No. 1 – 2025 <https://doi.org/10.31926/but.shk.2025.18.67.1.18>

I.3. Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 ( $m_{A1} = 3$ ;  $m_{A2} = 1$ )

1. Aprofundare într-o ramură sportivă: Pregătirea fizică specifică în handbal / Florin Cazan. - Craiova: Universitaria, 2018 , ISBN 978-606-14-1438-3, 187 pag.
2. Metodica predării handbalului în școală / Florin Cazan. - Craiova : Universitaria, 2018, ISBN 978-606-14-1437-6, 106 pag.
3. Metodica jocurilor sportive: handbal / Florin Cazan. - Craiova : Universitaria, 2018, ISBN 978-606-14-1436-9, 102 pag.
4. Fundamente științifice ale jocurilor sportive: Handbal și handbal pe plajă/CSI -IFR- Florin Cazan- Editura Ovidius University Press, 2021, 116 pag., ISBN 978-606-060-033-6
5. Metodica predării handbalului în școală / CSI -IFR- Florin Cazan- Editura Ovidius University Press, 2023, 104 pag., ISBN 978-606-060-077-0

I.5. Contribuții *in extenso* de tip *article* sau *review*, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu  $p$ , realizate în calitate de co-autor

1. Delleli, S., Ouergui, I., Messaoudi, H., **Cazan F.**, Ballmann, C.G., Ardigò, L.P., Chtourou, H., Combined effects of low-dose caffeine and warm-up music enhance male athletes' performance in simulated Taekwondo combat: a double-blind, randomized crossover trial. *Psychopharmacology* (2025). <https://link.springer.com/article/10.1007/s00213-025-06766-2#citeas> <https://doi.org/10.1007/s00213-025-06766-2>

Factor de impact-3,3 AIS-0,994

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Factor de impact: 2,838

I.6. Contribuții *in extenso* de tip *article* sau *review*, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât  $p$  sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format *in extenso* (full-text), realizate în calitate de co-autor

1. Rizescu Constantin, **Cazan Florin**, Georgescu, Adrian, Mihăilă Ion, The contribution of physical and sportive education to the realization of a proper and harmonious physical development, at primary school

I.S.S.N. 1453 – 1194, P 381-385

Proceeding of the 5th Annual International Conference: Physical Education, Sport and Health, Pitesti. Scientific Report Physical Education And Sport, vol 16 (2012), part II

2. Rizescu Constantin, Georgescu Adrian, **Cazan Florin**, Șufaru Constantin, Bastiurea Eugen- Training children beginners in handball, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XIII, ISSUE 2 supplement, 2013, Romania, <http://www.analefefs.ro/anale-fefs/2013/s1/pe-autori/35.pdf>

3. Gidu Diana Victoria, Ene-Voiculescu Carmen, Straton Alexandru, Oltean Antoanela, Cazan Florin, Duta Daniel- The pnf (proprioceptive neuromuscular facilitation) stretching technique—a brief review, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH, vol XIII, Issue 2, supplement, 2013, <http://www.analefefs.ro/anale-fefs/2013/s1/pe-autori/86.pdf>

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[https://apps.webofknowledge.com/full\\_record.do?product=WOS&search\\_mode=GeneralSearch&qid=5&SID=E5tcyXOQbUBBsoci2SL&page=1&doc=2](https://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=GeneralSearch&qid=5&SID=E5tcyXOQbUBBsoci2SL&page=1&doc=2)

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[https://apps.webofknowledge.com/full\\_record.do?product=WOS&search\\_mode=GeneralSearch&qid=5&SID=E5tcyXOQbUBBsoci2SL&page=1&doc=1](https://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=GeneralSearch&qid=5&SID=E5tcyXOQbUBBsoci2SL&page=1&doc=1)

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9. Șerbu Iulian, Larion Alin, **Cazan Florin**, Popa Cristian, Questionnaire regarding the perception and perspective of high School students on the physical education class in the high School cycle, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XXIII, ISSUE 1, 2023, Romania, pg.61-64, ISSN 2285-

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10. Andra-Ioana Singuran, Silvia Teodorescu, Kamer-Ainur Aivaz, Oana Maria Baltag, Petrescu Andrei, **Cazan Florin**, Melenco Ionel, The role of technical training in the development of children's laterality in swimming through biomechanical analysis in the free stroke, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XXIII, ISSUE 2, 2023, Romania, pg.119-127, ISSN 2285-777X, ISSN-L 2285-777X, ISSN online 2285-7788. [https://www.analefeffs.ro/analefeffs/2023/i2/pe-  
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The motric structure and dynamics of the game of handball, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XII, ISSUE 2 Supplement 2012, Romania, Cazan Florin, Rizescu Constantin, Georgescu Adrian, <http://www.analefeffs.ro/anale-feffs/2012/issue-2-s/pe-autori/3.pdf>

Citat de I Belčić - 2017 - bib.irb.hr

Correlation between physical fitness and physiological loads of handball referees during match with the quality of refereeing <https://www.bib.irb.hr/884496?rad=884496>

Citat de I Belčić<sup>1</sup>, A Marošević, M Sukreški - Editors-in-Chief: Dario Škegro, 2018 - researchgate.net

Differences in physiological loads and energy consumption of handball referees between periods in handball match

<https://www.bib.irb.hr/960637?rad=960637>

Citat de V Negrea - Ovidius University Annals, Series Physical Education and Sport, 2017 - search.ebscohost.com

Ballistic throw in basketball game

<http://www.analefeffs.ro/anale-feffs/2017/i2s/content.pdf>

Improve maximal aerobic speed in handball seniors through intermittent effort, Ovidius University Annals, Series Physical Education and Sport /SCIENCE, MOVEMENT AND HEALTH Vol. XIII, ISSUE 2, 2013, Romania, <http://www.analefeffs.ro/anale-feffs/2013/i2/pe-autori/3.pdf> Cazan Florin, Rizescu Constantin, Georgescu Adrian

Citat de O Nesen, I Pomeshchikova, V Druz, V Pasko... - Journal of Physical ..., 2018 - efsupit.ro

Changes of technical preparedness of 13-14-year-old handball players to develop high-speed and power abilities

<http://efsupit.ro/images/stories/iunie2018/Art%20130.pdf>

I.19. Membru în comitetul științific (A) / Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B) / Membru în comitetul de organizare (C) / Coordonator simpozion (Chair) (D) (se punctează o singură calitate / conferință)

19.1 Conferințe internaționale ( $m = 3$ )

2013 Conferinta stiintifica internationala International Scientific Conference “Perspectives in Physical Education and Sport”

Membru în comitetul de organizare (C)

<http://feffs.univ-ovidius.ro/images/pdf/conferinte/2013/Organizing%20committee.pdf>

[http://feffs.univ-](http://feffs.univ-ovidius.ro/images/pdf/conferinte/2013/Brochure%20of%20Conference%202013.pdf)

[ovidius.ro/images/pdf/conferinte/2013/Brochure%20of%20Conference%202013.pdf](http://feffs.univ-ovidius.ro/images/pdf/conferinte/2013/Brochure%20of%20Conference%202013.pdf)

2014 Conferinta stiintifica internationala International Scientific Conference “Perspectives in Physical Education and Sport”

Membru în comitetul de organizare (C)

<http://feffs.univ-ovidius.ro/arhiva-conferinta>

2015 Conferinta stiintifica internationala

Membru în comitetul de organizare (C)  
<http://feff.univ-ovidius.ro/images/pdf/conferinte/2015/V2/Organising%20Committee.pdf>  
<http://feff.univ-ovidius.ro/images/pdf/conferinte/2015/V2/Chairman.pdf>

2016 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul de organizare (C)  
<http://feff.univ-ovidius.ro/images/pdf/conferinte/2016/Organising%20Committee.pdf>  
<http://feff.univ-ovidius.ro/images/pdf/conferinte/2016/Conference%20Program%202016%20-%2029.06.pdf>

2017 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul de organizare (C)  
[http://feff.univ-ovidius.ro/images/pdf/conferinte/2017/Organising\\_Committee.PDF](http://feff.univ-ovidius.ro/images/pdf/conferinte/2017/Organising_Committee.PDF)  
<http://feff.univ-ovidius.ro/images/pdf/conferinte/2017/Chairmen.PDF>

2018 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul de organizare (C)  
<http://feff.univ-ovidius.ro/images/2018/conferinta/Organising%20Committee.PDF>

2019 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul de organizare (C)  
[http://feff.univ-ovidius.ro/images/2019/conferinta/Organising\\_Committee.PDF](http://feff.univ-ovidius.ro/images/2019/conferinta/Organising_Committee.PDF)

2020 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul de organizare (C)  
<http://feff.univ-ovidius.ro/images/2020/conferinta/Organising%20Committee.pdf>

2021 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul științific(A)  
<http://feff.univ-ovidius.ro/images/2021/conferinta/3.%20Scientific%20Committee%20pag.%203-4.pdf>

2022 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul științific(A)  
<http://sportconference.ro/committee/>

2023 Conferința științifică internațională International Scientific Conference  
“Perspectives in Physical Education and Sport”  
Membru în comitetul științific(A)  
[http://feff.univ-ovidius.ro/images/2023-2024/conferinta/Scientific\\_Committee\\_2023\\_modificat\\_12\\_09\\_2024.pdf](http://feff.univ-ovidius.ro/images/2023-2024/conferinta/Scientific_Committee_2023_modificat_12_09_2024.pdf)

2024 Conferința științifică internațională 9th International Scientific Conference of Physical Education and Sports in Bacău 18-19 oct. 2024

Membru în comitetul științific(A)

<https://fsmss60.ub.ro/scientific-committee-pes/>

2025 Conferința științifică internațională The 8th Edition of the International Conference SPORTS, EDUCATION, CULTURE INTERDISCIPLINARY APPROACHES IN SCIENTIFIC RESEARCH SEC – IASR 2025 29 - 31 MAY 2025, Galați, ROMANIA

Membru în comitetul științific(A)

[https://feffs.ugal.ro/images/CONFERENCE\\_PROGRAM\\_SEC-IASR\\_2025.pdf](https://feffs.ugal.ro/images/CONFERENCE_PROGRAM_SEC-IASR_2025.pdf)

2019 Constanta, conf studențească internațională

Membru în comitetul științific (A)

<http://feffs.univ-ovidius.ro/conferinta-stiintifica-studenteasca>

2021 Constanta, conf studențească internațională

Membru în comitetul științific (A)

[http://www.feffs.univ-ovidius.ro/images/2021/conferinta\\_studenteasca/4.pdf](http://www.feffs.univ-ovidius.ro/images/2021/conferinta_studenteasca/4.pdf)

2022 Constanta, conf studențească internațională

Membru în comitetul științific (A)

[https://feffs.univ-ovidius.ro/images/2021-2022/Conferinta\\_Stiintifica/Scientific%20committee\\_RO.pdf](https://feffs.univ-ovidius.ro/images/2021-2022/Conferinta_Stiintifica/Scientific%20committee_RO.pdf)

2023 Constanta, conf studențească internațională

Membru în comitetul științific (A)

[https://feffs.univ-ovidius.ro/images/2024-2025/CONFERINTA%20STIINTIFICA%20STUDENTEASCA/03\\_Scientific\\_committee\\_E\\_n.pdf](https://feffs.univ-ovidius.ro/images/2024-2025/CONFERINTA%20STIINTIFICA%20STUDENTEASCA/03_Scientific_committee_E_n.pdf)

2024 Constanta, conf studențească internațională

Membru în comitetul științific (A)

[https://feffs.univ-ovidius.ro/images/2023-2024/conferinta/C%20Stiintific\\_Ro.pdf](https://feffs.univ-ovidius.ro/images/2023-2024/conferinta/C%20Stiintific_Ro.pdf)

2025 Constanta, conf studențească internațională

Membru în comitetul științific (A)

[https://feffs.univ-ovidius.ro/images/2024-2025/CONFERINTA%20STIINTIFICA%20STUDENTEASCA/2025/Evaluare\\_C\\_Stiintific\\_Ro.pdf](https://feffs.univ-ovidius.ro/images/2024-2025/CONFERINTA%20STIINTIFICA%20STUDENTEASCA/2025/Evaluare_C_Stiintific_Ro.pdf)

2025 Bacău, conf studențească internațională the 4th International Students Conference: “Interdisciplinary Research in the Training of Future Professionals in the Field of Behavioral Sciences”, May 16-17, 2025

Membru în comitetul științific (A)

[https://www.ub.ro/smss/st/2025\\_Scientific\\_Committee\\_Intern\\_Conf\\_Studentspdf.pdf](https://www.ub.ro/smss/st/2025_Scientific_Committee_Intern_Conf_Studentspdf.pdf)

19.2 Conferințe naționale ( $m = 1$ )

2017 Constanta, conf studențească națională

Membru în comitetul științific (A)

[http://fefs.univ-ovidius.ro/images//2018/conferinta-studenteasca/SCIENTIFIC\\_COMMITTEE.PDF](http://fefs.univ-ovidius.ro/images//2018/conferinta-studenteasca/SCIENTIFIC_COMMITTEE.PDF)

2018 Constanta, conf studențească națională

Membru în comitetul științific (A)

[http://fefs.univ-ovidius.ro/images//2018/conferinta-studenteasca/SCIENTIFIC\\_COMMITTEE.PDF](http://fefs.univ-ovidius.ro/images//2018/conferinta-studenteasca/SCIENTIFIC_COMMITTEE.PDF)

<http://fefs.univ-ovidius.ro/images/2018/conferinta-studenteasca/Programare.pdf>

2025 Galați Conferință națională studențească SESIUNE NAȚIONALĂ DE COMUNICĂRI ȘTIINȚIFICE STUDENȚEȘTI CERCETARE ȘI INOVARE ÎN DOMENIILE EDUCAȚIEI, SPORTULUI ȘI KINETOTERAPIEI 16 mai 2025

Membru în comitetul științific (A)

I.20. Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale ( $m = 3$ ) sau naționale ( $m = 1$ )

Membru în FIEP- Federation Internationale d'education Physique

Membru IOHSK- International Organization for Helth, Sports and Kinesiology

Membru al Academiei Olimpice Române – filiala Constanța

Membru al Asociației Județene de Handbal, Constanța

Membru al Asociației Sportive Universitare Ovidius Constanța

I.24. Redactor șef / editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review

I24.1. Revistă indexată Web of Science ( $m = 3$ )

I24.2. Revistă indexată în cel puțin două BDI ( $m = 1$ )

Editorial Board Member of International Journal of Sports Science and Physical Education

ISSN Online: 2575-1611 ISSN Print: 2575-226X

<https://www.sciencepublishinggroup.com/journal/188/editorial-team>

I24.3 Revistă indexată într-un BDI ( $m = 0.5$ )

I.26. Profesor asociat / visiting scholar pentru o durată de cel puțin o lună de zile / susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimburile Erasmus)

26.1 la o universitate din TOP 500 conform clasamentului URAP ( $m = 3$ )

26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă ( $m = 1$ )

26.3 profesor invitat / lector al federațiilor internaționale pe ramură de sport / Academiei Olimpice a CIO / Asociații profesionale internaționale ( $m = 1$ ) / federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR ( $m = 0,5$ )

1. Lector la cursurile de formare/perfecționare de la Izvorul Mureșului organizate de Federația Română Sportul pentru Toți-10-15 mai 2018

I.27. Director al unui grant finanțat / instituția coordonată

I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție / instituție internațională ( $m = 3$ )

I27.2. A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională / B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională ( $m = 1$ )

I27.3. A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.) /

1. Director proiect- Centrul de practică, recreere și SPORTURI NAUTICE al studenților din cadrul Universității „Ovidius” din Constanța- NAUTIC@ OVIDIUS WATER (NOW), cod CNFIS-FDI-2023-F-0025- 259000 lei
2. Manager proiect -Movement Pills: Sport as a natural remedy to enhance EU citizens health (Movement Pills), contract nr. 101133925, finanțat prin Programul Erasmus Plus- 42413 Euro

B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională / C. Coordonator partener pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională ( $m = 0.5$ )

I.28. Membru în echipa unui grant finanțat / instituția coordonată

I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională ( $m = 1$ )

1. Membru al echipei de cercetare în cadrul proiectului (GRANT-TIP A) cu titlul „Dezvoltarea psihomotricității la copiii instituționalizați, sănătoși și cu probleme speciale din centrele de plasament din județul Constanța”, Cod 1072, aprobat și finanțat de C.N.C.S.I.S., 2003
2. Membru/Expert pe termen scurt în cadrul proiectului „PROKINETO – Program de consiliere și dezvoltarea aptitudinilor viitorilor specialiști în kinetoterapie”, Contract POSDRU /189/2.1/G/156834 - (buget total - 1.729.753,01 lei), proiect eligibil, finanțat (28.07.2015-27.12.2015)
3. Grant de cercetare „Avertizarea în sport”, organizat în cadrul proiectului „Whistleblowing of Harmful Irregularities in Sport through Learning and Education” Sport Whistle (Erasmus + Sport 579796-EPP-1-2016-2-EL-SPO-SPC, iulie-septembrie 2018- parteneri ai UNEFS București, <https://sportwhistle.eu/partners/>)
4. Antrenor, în cadrul proiectului Strategy and Capacity building for Ovidio Running in Europe, contract nr. 101090860, finanțat din fondurile programului Erasmus Plus-2023-2024
5. Antrenor, în cadrul proiectului Handball International Education Project, contract nr. 101090905, finanțat din fondurile programului Erasmus Plus-2023-2025

I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin competiție internațională sau națională ( $m = 0,5$ )

1. “Dezvoltarea bazelor de practică în Universitatea “Ovidius” din Constanța prin înființarea, amenajarea și dotarea Cercului de Excelență în pregătirea animatorului socio-educativ” Proiect CNFIS-FDI-2018-0492, câștigat prin concurs în valoare de 42.000 lei, iunie – decembrie 2018, Formator-domeniul Educație Fizică și Sport
2. Proiectul de cercetare ROSE cu titlul „Centru de Învățare SAPIENTIA – OVIDIUS”, acord de grant nr. 106/SGU/CI/II din 18.12.2018, finanțat de Banca Mondială, 2019-2022, Mentor

I.29. Activitate de mentorat / îndrumare

29.1. Conducător științific / membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte)

29.2. Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali

I.30.

30.1. Inițierea sau coordonarea unor programe de studii universitare sau post-universitare

Coordonator program studii Educație Fizică și Sportivă -IFR, Facultatea de Educație Fizică și Sport, Universitatea Ovidius din Constanța

### 30.2. Introducerea unor discipline noi în planul de învățământ

#### I.33. Membru în grupul de experți

33.1. Comisii / consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) ( $m = 3$ )

33.2. Comisii / consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ / de lucru la nivelul MENCS sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCS sau de către un alt for ministerial ( $m = 1$ ))

1. Evaluare periodică Știința sportului și educației fizice – masterat, Universitatea din Craiova, 6,7.11.2024

I.35. 35.1. Antrenor emerit / profesor emerit / maestru emerit al sportului / arbitru internațional / comisar / observator (se iau în calcul doar calitățile existente la data înscrierii în concurs)

35.2. Premii pentru activitatea sportivă acordate de către instituții

3 / 2 / 2 Pe titlu / premiu / activitate naționale (MTS, MENCS, COSR) sau internaționale

35.3. Performanțe ale sportivilor antrenați (JO, CM, JMU – locurile 1- 5; CE, CN – locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice / metodologii / strategii de pregătire pe ramuri de sport / probă sportivă recunoscute în comunitatea de specialiști / federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație / grupe de vârstă / grupe profesionale / patologii) recunoscute de organisme profesionale și / sau științifice naționale și internaționale.

1. 2015 Campionatul Mondial Handbal Feminin Danemarca-studenta Petrescu Diana Mihaela Campionat Mondial Feminin- LOCUL 3

2. 2016 Campionatul Mondial Universitar Handbal Feminin Malaga- studenta Tudor Nicoleta - LOCUL 2

3. 2016 Campionat Mondial Universitar Handbal Masculin Malaga-studentul Tudorancea Bogdan- LOCUL 1

4. 2017 Campionat National Universitar Handbal Feminin- Echipa Universitatii Ovidius din Constanta- LOCUL 1

5. 2022 Campionat National Universitar Handbal Feminin- Echipa Universitatii Ovidius din Constanta- LOCUL 1

6. 2023 Campionat National Universitar Handbal Feminin- Echipa Universitatii Ovidius din Constanta- LOCUL 1

7. 2023 Campionat European Universitar Handbal Feminin Podgorica, Muntenegru - Echipa Universitatii Ovidius din Constanta- LOCUL 1

8. 2024 Campionat National Universitar Handbal Feminin- Echipa Universitatii Ovidius din Constanta- LOCUL 1

9. 2024 Jocurile Europene Universitare Handbal Feminin Debrecen, Ungaria - Echipa Universitatii Ovidius din Constanta- LOCUL 1

10. 2025 Campionat National Universitar Handbal Feminin- Echipa Universitatii Ovidius din Constanta- LOCUL 2

Data 13.11.2025